



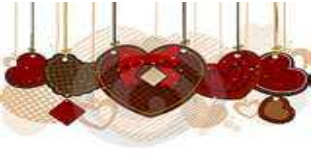
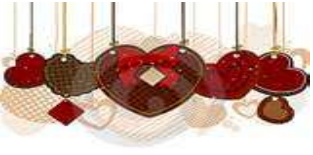
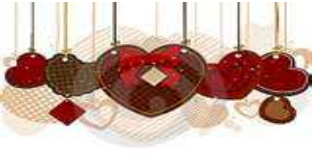



**Cost:**  
**Breakfast** \$1.95 **Adult/Non MES student breakfast** \$1.90  
**Student Lunch** \$2.20 **Milk Only** \$.50  
**Break/lunch Reduced Meal** \$.30/\$.40 **Juice** \$.30  
**Adult Lunch** \$4.40 (Milk Included in all lunches)

## February 2010 Breakfast/Lunch Menu

BREAKFAST: 7:15 – 7:45 A.M.  
NOTE: MENU SUBJECT TO CHANGE

Mon	Tue	Wed	Thu	Fri
1 <b>Breakfast:</b> Chilled Applesauce, French Toast Sticks, Asst. Syrups, Breaded Chicken Patty <b>Lunch:</b> Chili Con Carne, Steamed Rice, Garden Vegetables, Dice Pears, Fresh Bake Cornbread  <b>Gr 2 - B</b>	2 <b>Breakfast:</b> Chilled Peaches, Loco Moco (Vegetarian Patty, Scramble Eggs, Rice, Gravy) <b>Lunch:</b> Breaded Chicken Patty on W.W. Bun, Garden Vegetables, Oven Season Potatoes, Orange Wedge  <b>Gr 1 - A</b>	3 <b>Breakfast:</b> Fresh Banana, Cereal w/ Raisin (Rice Krispies, Turkey Link) <b>Lunch:</b> Bake Spaghetti w/ Meat Sauce, Garden Vegetables, Peach Slice, Garlic Bread  <b>Gr K - K</b>	4 <b>Breakfast:</b> Chilled Apple Juice, Portuguese Sausage, Steamed Rice, Scramble Egg <b>Lunch:</b> Shoyu Pork & Cabbage, Steamed Rice, Fresh Pineapple, Portuguese Sweet Roll  <b>IRA/SE</b>	5 <b>Furlough Friday</b> 
8 <b>Breakfast:</b> Chilled Fruit Cocktail, W.W. Waffle, Maple Syrup, Hot Dog <b>Lunch:</b> Breaded Pork Chop Patty w/ Mushroom Gravy, Steamed Rice, Garden Vegetable, Cinnamon Apple Slice, Biscuit <b>Artic - Gr 6</b>	9 <b>Breakfast:</b> Chilled Orange Juice, Pizza Pocket, Cinnamon Toast or Bun <b>Lunch:</b> Beef & Bean Burrito, Spanish Rice, Garden Vegetables, Dice Pears, Salsa/Sour Cream  <b>Artic - Gr 5</b>	10 <b>Breakfast:</b> Fresh Papaya, Fresh Bake Cinnamon Roll, Scramble Egg <b>Lunch:</b> Turkey Pastrami on W.W. Bun, Shredded Lettuce, Tomato Slice, Potato Rounds, Fresh Banana  <b>Teen Biz - Gr 6</b>	11 <b>Breakfast:</b> Chilled Pineapple Tidbits, Fresh Bake Apricot Bread, Boiled Egg <b>Lunch:</b> Breaded Fried Chicken, Whipped Potatoes, Mix Vegetables, Orange Wedge, W.W. Roll  <b>Artic - Gr 4</b>	12 <b>Furlough Friday</b> 
<b>President's Day Holiday</b> 15 	16 <b>Breakfast:</b> Chilled Dice Pears, W.W. Pancake, Asst. Syrups, Poultry Patty <b>Lunch:</b> Pig in a Trough, Potato Rounds, Garden Vegetables, Apple Wedge  <b>Artic - Gr 3</b>	17 <b>Breakfast:</b> Chilled Grape Juice, Portuguese Sausage, Scramble Egg, Steamed Rice <b>Lunch:</b> Sloppy Joe on W.W. Bun, Oven Potatoes, Garden Vegetables, Peaches  <b>Artic - Gr 2</b>	18 <b>Breakfast:</b> Chilled Applesauce, English Muffin Pizza <b>Lunch:</b> Shoyu Chicken & Fried Saimin, Garden Vegetables, Fruit Cocktail, W.W. Roll  <b>Artic - Gr 1</b>	19 <b>Breakfast:</b> Chilled Pineapple Chunks, Fried Rice, Ham Slice <b>Lunch:</b> Hot Deli Turkey Sandwich w/ Gravy, Whipped Potatoes, Green Beans & Corn, Orange Wedge, Raisin Roll
22 <b>Breakfast:</b> Chilled Applesauce, W.W. French Toast, Super Syrup, Turkey Link <b>Lunch:</b> Grilled Teriyaki Chicken Patty, Steamed Rice, Mixed Vegetables, Pineapple Chunks, W.W. Roll  <b>Gr 6 - F</b>	23 <b>Breakfast:</b> Apple Turnover, Cinnamon Toast <b>Lunch:</b> Nachos, Garden Vegetables, Dice Pears, Blueberry Muffin, Salsa/Sour Cream  <b>Artic - Gr K</b>	24 <b>Breakfast:</b> Fresh Apple Wedge, Cereal (Cornflakes), Asst. Yogurt <b>Lunch:</b> Breaded Chicken Sticks w/ BBQ Sauce, Steamed Rice, Garden Vegetables, Peaches, W.W. Roll  <b>Teen Biz - Gr 6</b>	25 <b>Breakfast:</b> Chilled Fruit Cocktail, Steamed Rice, Breaded Chicken Patty w/ Gravy <b>Lunch:</b> Bake Lasagna, Garden Vegetables, Banana, Garlic Bread  <b>Gr 5 - E</b>	26 <b>Breakfast:</b> Chilled Dice Pears, Teriyaki Hot Dog Musubi <b>Lunch:</b> Tuna Sandwich on W.W. Bun, Portuguese Bean Soup, Garden Vegetable, Orange Wedge  <b>Gr 4 - D</b>
				

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