






Cost:
Breakfast \$.35 **Adult/Non MES student breakfast** \$1.90
Student Lunch \$1.25 **Milk Only** \$.50
Break/lunch Reduced Meal \$.20 **Juice** \$.30
Adult Lunch \$4.40 **(Milk Included in all lunches)**

November 2009
Breakfast/Lunch Menu

BREAKFAST: 7:15 – 7:45 A.M.
NOTE: MENU SUBJECT TO CHANGE

Mon	Tue	Wed	Thu	Fri
2 Breakfast: Chilled Applesauce, French Toast Sticks, Pork Patty, Asst. Syrup Lunch: Breaded Chicken Nugget w/ BBQ, Steamed Rice, Garden Salad, Peaches, W.W. Roll Gr 3 - C	3 Breakfast: Chilled Pineapple Tidbits, Denver Scramble, Steamed Rice Lunch: Hamburger Patty w/ Gravy, Steam Rice, Garden Vegetable, Orange Wedge, W.W. Roll Gr 2 - B	4 Breakfast: Chilled Peaches, Breakfast Pizza Pocket, ½ Cinnamon Bun Lunch: Braised Beef Stew, Steamed Rice, Pineapple Chunks, Biscuit Gr 1 - A	5 Breakfast: Chilled Pineapple Chunks, Fried Rice, Poultry Patty Lunch: Fish Burger, Oven Fries, Garden Salad, Fruit Cocktail Gr K - K	6 Furlough Friday 
9 Breakfast: Chilled Applesauce, French Toast, Super Syrup, Ham Slice Lunch: Chili Con Carne, Steamed Rice, Garden Salad, Dice Pears, Cornbread I/SE Artic	10 Breakfast: Fresh Banana, Cereal w/ Raisin or Blueberries, Turkey Links Lunch: Chicken Patty on Bun, Garden Salad, Oven Potatoes, Orange Wedge Gr 6 - Artic	11  Veteran's Day	12 Breakfast: Chilled Apple Juice, Steamed Rice, Portuguese Sausage, Scramble Egg Lunch: Bake Spaghetti, Garden Salad, Peaches, Garlic Bread Gr 5 - Artic	13 Breakfast: Chilled Peaches, Pancake Sausage on Stick, Raisin Bread Lunch: Roast Pork w/ Gravy, Steamed Rice, Corn, Pineapple Chunks, W.W. Roll Gr 4 - Artic
16 Breakfast: Chilled Fruit Cocktail, W.W. Waffle, Maple Syrup, Hot Dog Lunch: Breaded Pork Chop Patty, Steamed Rice, Garden Salad, Applesauce, Biscuit Gr 3 - Artic	17 Breakfast: Chilled Pineapple Chunks, Chicken Patty w/ Gravy, Steamed Rice Lunch: Meatballs w/ Mushroom Gravy, Steamed Rice, Garden Salad, Peaches, W.W. Roll Gr 2 - Artic	18 Breakfast: Chilled Peaches, Cereal w/ Raisin or Blueberries, Assorted Yogurt Lunch: Turkey Pastrami on W.W. Bun, Shredded Lettuce, Tomato Slice, Banana Gr 1 - Artic	19 Breakfast: Orange Juice, Breakfast Pizza Pocket, Scramble Egg Lunch: Beef & Bean Burrito, Potato Rounds, Garden Salad, Dice Pears Gr K - Artic	20 Furlough Friday 
23 Breakfast: Chilled Dice Pears, W.W. Pancake, Asst. Syrup, Poultry Patty Lunch: Chili Dog, Steamed Rice, Garden Salad, Apple Wedge, W.W. Roll Gr 6 - F	24 Breakfast: Fresh Apple Wedge, Steamed Rice, Breaded Chicken Dog w/ Gravy Lunch: Soft Taco w/ Shredded Lettuce, Dice Tomato, Potato Rounds, Peaches, Salsa/Sour Cream Gr 5 - E	25 Breakfast: Chilled Grape Juice, Steamed Rice, Portuguese Sausage, Scramble Egg Lunch: Roast Turkey w/ Gravy, Sweet Potatoes, Garden Vegetables, Orange Wedge, Pumpkin Squares Gr 4 - D	26 Thanksgiving Holiday 	27 Black Friday 
30 Breakfast: Chilled Applesauce, W.W. French Toast, Maple Syrup, Turkey Link Lunch: Breaded Chicken Sticks w/ BBQ Sauce, Steamed Rice, Garden Vegetable, Peaches, W.W. Roll Gr 3 - C				