








Cost:
Breakfast \$0.35 **Adult/Non MES student breakfast** \$1.90
Student Lunch \$1.25 **Milk Only** \$0.50
Break/lunch Reduced Meal \$0.20 **Juice** \$0.30
Adult Lunch \$4.40 **(Milk Included in all lunches)**

October 2009
Breakfast/Lunch Menu

BREAKFAST: 7:15 – 7:45 A.M.
NOTE: MENU SUBJECT TO CHANGE

Mon	Tue	Wed	Thu	Fri
			1	2
			Breakfast: Chilled Dice Pears, Half Bagel w/ Blueberry Cream Cheese Lunch: Teriyaki Cheese Burger, Cajun Oven Fries, Shredded Lettuce, Tomato Slice, Orange Wedge Gr 1 - A	Breakfast: Chilled Pineapple Tidbits, Fried Rice, Poultry Patty Lunch: Huli Huli Style Chicken, Steamed Rice, Garden Vegetable, Fresh Pineapple Spears, W.W. Roll Gr K - K
5	6	7	8	9
				
Teacher's Institute Day 12	13	14	15	16
	Breakfast: Chilled Fruit Cocktail, Breakfast Sandwich Lunch: Breaded Pork Chop Patty w/ Mushroom Gravy, Steamed Rice, Garden Salad, Applesauce, Biscuit Gr 5 – Kid Biz Day	Breakfast: Chilled Applesauce, French Toast Sticks, Asst. Syrups, Pork Sausage Patty Lunch: Spaghetti & Meatballs, Garden Vegetables, Dice Pears, W.W. Garlic Rolls Artic – IRA/SE	Breakfast: Chilled Orange Juice, Pizza Pocket, Cinnamon Toast or Bun Lunch: Beef & Bean Burrito, Spanish Rice, Garden Salad, Dice Pears, Salsa & Sour Cream Gr 6 - Artic	Breakfast: Fresh Papaya w/ Pineapple Chunks, Fresh Bake Cinnamon Roll, Scramble Eggs Lunch: Southern Bake Chicken, Whipped Potatoes, Mixed Vegetables, Fresh Fruit in Season, W.W. Roll Gr 5 –Artic
19	20	21	22	23
Breakfast: Chilled Dice Pears, W.W. Pancake (2), Asst. Syrups Lunch: Bake Beans & Frank, Steamed Rice, Garden Salad, Apple Wedge Gr 4 – Artic	Breakfast: Fresh Apple Wedge, Breaded Chicken Dog w/ gravy, Steamed Rice Lunch: Soft Shell Taco, Shredded Lettuce, Dice Tomatoes, Salsa/Sour Cream, Oven Potatoes, Peaches Gr 4 – Kid Biz Day	Breakfast: Chilled Applesauce, Ham Melt on English Muffin Lunch: Chicken Chow Mein w/ Chop Suey Mix & Cabbage, Garden Vegetables, Fruit Cocktail, W.W. Roll Gr 3 - Artic	Breakfast: Chilled Grape Juice, Hawaiian Scramble Eggs (Portuguese Sausage & Green Onion), Steamed Rice Lunch: Hot Turkey Sandwich w/ Gravy, Whipped Potatoes, Green Beans & Corn, Orange Wedge, Raisin Roll Gr 2 - Artic	
26	27	28	29	30
Breakfast: Chilled Fruit Cocktail, W.W. Waffle, Super Syrup, Hot Dog Lunch: Chicken Sticks w/ BBQ Sauce, Steamed Rice, Corn Niblets, Peaches, W.W. Roll Gr 1 - Artic	Breakfast: Fresh Banana, Cereal w/ Frozen Strawberries or Blueberries, Ham Slice Lunch: Hamburger Stew, Steamed Rice, Apple Wedge, Blueberry Muffin Gr 3 – Kid Biz Day	Breakfast: Chilled Fruit Cocktail, Fresh Banana Bread, Chicken Breakfast Patty Lunch: Breaded Chicken Patty w/ Gravy, Whipped Potatoes, Mix Vegetables, Pineapple Chunks, W.W. Roll Gr K - Artic	Breakfast: Chilled Dice Pears, Steamed Rice, Portuguese Sausage, Scramble Egg Lunch: Tuna Sandwich on W.W. Bun, Tortilla Chips, Shredded Lettuce, Orange Wedge, Oatmeal Cookie Gr 6 - F	