


Cost:

Breakfast	\$.95	Adult/Non MES student breakfast	\$1.90
Student Lunch	\$2.20	Milk Only	\$.50
Break/lunch Reduced Meal	\$.30/.40	Juice	\$.30
Adult Lunch	\$4.40	(Milk Included in all lunches)	

August 2010

Breakfast/Lunch Menu

BREAKFAST: 7:15 – 7:45 A.M.
NOTE: MENU SUBJECT TO CHANGE

<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>
<p style="text-align: right; margin: 0;"><u>2</u></p> <p>Breakfast: Chilled Fruit Cocktail, W.W. Waffle, Assorted Syrup, Hot Dog Lunch: Chili Con Carne, Steamed Rice, Garden Vegetables, Peaches, Buttered Cornbread</p>	<p style="text-align: right; margin: 0;"><u>3</u></p> <p>Breakfast: Chilled Pineapple Chunks, Steamed Rice, Breaded Chicken Sticks w/ Orange Sauce Lunch: Corndog, Oven Potato Rounds, Garden Vegetables, Applesauce, W.W. Roll</p>	<p style="text-align: right; margin: 0;"><u>4</u></p> <p>Breakfast: Chilled Peaches, Rice Krispies Cereal w/ Raisin or Blueberry, Assorted Yogurt Lunch: Turkey Pastrami on W.W. Bun, Shredded Lettuce, Tomato Slice, Sweet Potato Fries, Fresh Banana</p>	<p style="text-align: right; margin: 0;"><u>5</u></p> <p>Breakfast: Chilled Orange Juice, Breakfast Pizza Pocket, Cinnamon Toast Lunch: Soft Shell Taco, Shredded Lettuce, Dice Tomatoes, Potato Rounds, Pears, Blueberry Muffin</p>	<p style="text-align: right; margin: 0;"><u>6</u></p> <p>Breakfast: Fresh Papaya w/ Chilled Pineapple Chunks, Fresh Bake Cinnamon Roll, Scramble Egg Lunch: Southern Bake Chicken w/ Gravy, Oven Roasted Potatoes, Corn Niblets, Fresh Watermelon, W.W. Roll Gr 4 - Artic</p>
<p style="text-align: right; margin: 0;">9</p> <p>Breakfast: Chilled Pears, Mini W.W. Pancakes, Maple Syrup, Poultry Patty Lunch: Chicken Sticks w/ Orange Sauce, Steamed Rice, Garden Vegetables, Apple Wedge, W.W. Roll Gr 2/3 - Artic</p>	<p style="text-align: right; margin: 0;">10</p> <p>Breakfast: Chilled Grape Juice, Steamed Rice, Portuguese Sausage, Scramble Egg Lunch: Sloppy Joe on W.W. Bun, Oven Potatoes, Garden Vegetables, Slice Peaches</p>	<p style="text-align: right; margin: 0;">11</p> <p>Breakfast: Fresh Apple Wedge, Steamed Rice, Breaded Chicken Dog w/ Gravy Lunch: Turkey Ham & Cheese Sandwich on W.W. Bun, Potato Rounds, Shredded Lettuce, Orange Wedge</p>	<p style="text-align: right; margin: 0;">12</p> <p>Breakfast: Fresh Watermelon, Turkey Ham Melt on English Muffin Lunch: Cheese Pizza, Garden Vegetables, Applesauce, Fresh Bake Brownies</p>	<p style="text-align: right; margin: 0;">13</p> <p>Breakfast: Chilled Pineapple Chunks, Fried Rice, Scramble Egg Lunch: Shoyu Chicken, Fried Noodles, Garden Vegetables, Fresh Cantaloupe, W.W. Roll Gr 5 - Artic</p>
<p style="text-align: right; margin: 0;">16</p> <p>Breakfast: Chilled Applesauce, W.W. French Toast, Super Syrup, Turkey Links Lunch: Breaded Chicken Patty w/ Gravy, Steamed Rice, Mixed Vegetable, Pineapple Chunks, W.W. Roll Gr K/1 - Artic</p>	<p style="text-align: right; margin: 0;">17</p> <p>Breakfast: Chilled Peaches, Breakfast Burrito w/ Egg, Cheese, Ham, Hash Brown Log Lunch: Hot Dog on W.W. Bun, Bake Beans, Garden Vegetable, Apple Crisp Letter Day – Gr 2/3</p>	<p style="text-align: right; margin: 0;">18</p> <p>Breakfast: Chilled Fruit Cocktail, Steamed Rice, Chicken Breakfast Patty w/ Gravy Lunch: Creole Macaroni, Garden Vegetable, Fresh Banana, French Roll Gr 6 - Artic</p>	<p style="text-align: right; margin: 0;">19</p> <p>Breakfast: Chilled Dice Pears, Cinnamon Snack Waffles Lunch: Roast Turkey w/ Gravy, Whipped Potatoes, Green Beans & Corn, Fresh Fruit in Season, Raisin Roll Gr 5 – Letter Day</p>	<p style="margin: 0;">Statehood Holiday 20</p> 
<p style="text-align: right; margin: 0;">23</p> <p>Breakfast: Chilled Orange Juice, W.W. Pancake w/ Assorted Syrups, Breaded Chicken Dog Lunch: Grilled Chicken Nuggets w/ Teriyaki Sauce, Steamed Rice, Garden Vegetables, Peaches, W.W. Roll Gr 2/3 - Artic</p>	<p style="text-align: right; margin: 0;">24</p> <p>Breakfast: Chilled Peaches, Mini Frank Sliders Lunch: Western BBQ Cheeseburger on W.W. Bun, Shredded lettuce, Tomato Slice, Potato Rounds, Orange Wedge Letter Day K/1</p>	<p style="text-align: right; margin: 0;">25</p> <p>Breakfast: Chilled Applesauce, Breakfast Pizza Pocket, ½ Cinnamon Bun Lunch: Battered Fried Fish, Deli Roasted Potatoes, Garden Vegetables, Fruit Cocktail, Cheese Roll, Tarter Sauce SPED - Artic</p>	<p style="text-align: right; margin: 0;">26</p> <p>Breakfast: Chilled Pears, Bagel (half) w/ Guava Cream Cheese Lunch: Korean Style Chicken (Kalbi), Steamed Rice, Edamame Succotash, Fresh Pineapple Spears, W.E. Roll Gr 6 – Letter Day</p>	<p style="text-align: right; margin: 0;">27</p> <p>Breakfast: Fresh Peaches, Orzo Pasta Fried Rice Style, Scramble Egg Lunch: Yankee Pot Roast, Steamed Rice, Oven Roasted Potatoes & Carrots, Fresh Tangerines, Buttered Biscuit Gr 4 - Artic</p>
<p style="text-align: right; margin: 0;">30</p> <p>Breakfast: Chilled Applesauce, W.W. French Toast w/ Maple Syrup, Pork Patty Lunch: Meatballs w/ Mushroom Gravy, Steamed Rice, Garden Vegetable, Dice Pears. W.W. Roll Gr K/1 - Artic</p>	<p style="text-align: right; margin: 0;">31</p> <p>Breakfast: Chilled Apple Juice, Steamed Rice, Portuguese Sausage, Scramble Egg Lunch: Grilled Chicken Patty on W.W. Bun, Shredded Lettuce, Seasoned Oven Fries, Orange Wedge Letter Day – Gr 2/3</p>			

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